



NEWSLETTER

www.gatx.org

PRE-CONVENTION 2008

2007-2008 Board of Directors

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OLYMPIC AUCTION

Benefiting ITP Curriculum Development

Talk about a Win/Win!! Buy items in the silent auction before the Saturday banquet or in the live auction held during the banquet and not only will you get great merchandise but your payment will go directly toward developing more of our awesome ITP courses.

A very special thank you goes out to these fantastic individuals and companies that have given above and beyond to directly benefit the training of coaches who attend GAT each year. Look these items over and make plans to bid high. Please take every opportunity during our convention to thank these individuals and companies for their generous support of GAT.

Gold Level Donors

Kevin Mazeika
(Men's Olympic coach)

Will conduct a clinic at your gym! \$1,000 reserve

Tammy Biggs
(National Team staff member)

Will conduct a clinic at your gym! \$1,000 reserve

Beth Gardner
(Author & Nat. USAG staff)

Will conduct a clinic at your gym! \$1,000 reserve

I Class Pro

3 Months Free use of iClass Pro Class Management Software & Free Chalk Jock Website \$1500 value

**PROFESSIONAL
ATHLETICS
Elite Technology
Company**

**1) Rollable Beam \$48 value 2) Mini-Bar \$350 value
3) Octagon Mat 25x25x30 \$210 value
Palm Pilot & Score Master Software \$550 value**

Silver Level Donors

Tumbl Trak
Marsha's Sportswear
Alpha Factor
Satara Leo Ltd.

**8' air beam \$395 value
Custom Silk Screening \$300 value
\$200 Gift Certificate**

Gym Smarts / TRB Design,
Inc.
Norbert's Athletic Products
S/A Sport / Spieth Anderson
USA

**1) \$200 off custom order of \$500 or more. 2) Coach's
Rhinestoned Hoodie Sweatshirt \$40 value
1) Lesson Plan Book with 2 DVD by Beth Gardner \$110
value. 2) A 3 disk DVD set by Beth Gardner \$75 value
4X8 Rainbow Panel Mat \$141 value
New Multi-Block System**

Bronze Level Donors

Dreamlight Activewear
Gibson Gymnastics
GetHiroOnline.com
Carolina Gym Supply Corp
Snowflake Designs, Leotards
and More!
Rebecca's Mom Leotards
Elite Sportswear
Team Beach Body

**\$100 Dreamlight Gift Certificate
\$100 grip package
2 cases Hiro Energy Drink \$96 value
7 pack vinyl hook balance beams \$84 value
1) \$40 Gift Certificates 2) \$40 Gift Certificate
Pink warm-up suit
GK Olympic Leotard \$76 value
Hip Hop Abs-DVDs (for gymnasts and coaches) \$65 value**

COMMITTEE MEMBERS

Convention Coordinator/ Webmaster: Vicki Bounds, (512) 921-4515, gatxconv@aol.com

Registration Director: Georgia Miller, (512) 244-6770, gatxreg@sbcglobal.net



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PRE-CONVENTION 2008

A NOTE FROM THE CHAIRMAN

Dear Members,

Our 42 annual convention is on track to provide another fantastic training/education event this coming Labor Day weekend. In addition to all the fine lecturers, many constituent meetings will be held, and old and new friends will get together and talk shop. Our awesome Olympic Auction will give members a chance at some great deals while the proceeds go to develop more of our one of a kind Instructor Training Program (ITP) courses. Combine this with access to our exhibit hall full of great companies that provide products and services to aid our businesses, and you have a truly winning combination.

If you haven't done so already sign up for GAT 2008. Visit us online at www.gatx.org or complete the attached registration form. Be sure and review this entire newsletter to take full advantage of all GAT has to offer this year.

See you Labor Day Weekend,

James K. Jeffers
Board Chairman



FROM THE REGISTRATION DESK

You don't want to miss GAT 2008!

We are using ACTEVA as our secure, online payment method, accepting all major credit cards until 10 PM on August 27th. You can register everyone attending from your gym at the same time by going to our website at www.gatx.org and clicking on the registration link. To make the process even easier, when you arrive at GAT, all your credentials will be waiting in one GROUP packet ready for quick pick up. Just be sure to bring your online payment receipt with you.

Mail in registrations must be post marked by August 10th and must include either you check or money order. You may download a copy of the GAT registration form from the GAT website, www.gatx.org, or use the form that is attached to this newsletter. You will need to include a form for each staff member you are registering.

GAT Registration Pickup and Onsite Payments will be held:

Friday 5:00-9:00 PM

Saturday 7:45 AM - 5 PM

Sunday 8:00 AM - noon

Group pickup will be upstairs and individual or onsite payment will be downstairs.

Georgia will have packets for ALL Life members at the downstairs registration booth. You are more than welcome to email her if you plan to attend or if you need to update any of your address information.

We look forward to seeing you ALL at GAT!

Georgia Miller
Registration Director
gatxreg@sbcglobal.net





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GET EDUCATED

Hi All! We are very excited about this year's convention! As always, GAT 2008 has an incredible line up of speakers and lecture topics. The following is our lineup of speakers to date: **2008 Speakers**

Allison Arnold - Sports Psychology
 Jeff Beal - Hands On Spotting
 Tammy Biggs - Women's
 Beau Biron - Business
 Chris Burdette - Women's/TOPS
 Diane Callison - Women's Judges
 Amy Cardwell - Special Olympics
 Donna Culp - Women's
 Sean Deaver - Business
 Gil Elsass - ITP-Boys 1 & 2
 Tim Erwin - ITP-Boys 1 & 2
 Jan Eyman -USAG Safety/Judges
 Bill Foster - Men's Program/ITP Boys
 Beth Gardner - ITP Rec/Preschool

Andrew Haub - Cheer
 Brad Harris - Women's
 George Hery - Tumbling & Tramp
 Cheryl Jarrett - Women's
 Patti Komara - Preschool/Busines
 Tracy McCoy - Preschool / Rec
 Chris McNabb - Business / Cheer
 Tom Meadows - ITP-Boys 2/Men
 "Mizo" Mizoguchi - ITP Boys 2
 Lynn Moskovitz - Preschool
 Kevin Muenz - ITP Boys 1
 Tom Pajer - 2009 Group/Gym Choreography
 Randy Parish - Games, General
 Leslie Patterson -Women Judges

Jerit Pogue - Men's/ITP Boys 1 & 2
 Sarah Pogue - General
 Laurie Reid -Women's Judges
 Greg Schram - ITP-Boys 1 & 2
 Quinn Shannon - Business, Gen.
 Mark Sherman - Men's Judges
 Sean Sims - ITP Boys 1
 Brandi Smith, PT - Strength and Conditioning
 Annette Thomas - ITP Rec
 Jodie Trncak - GG/ Team Gym
 Mark Walsh - Hands on Spotting
 Fran Wehman - Tramp & Tumble
 Leann Wilson - Women's
 Bob Wuornos—Men's

Back by popular demand is the **Casino Knights**. Every four years we have **GAT Olympic Auction**. This is the time to help us fundraise for additional ITP Courses. Come prepared to bid on both live and silent auction items brought back from Beijing, along with other items such as clinics in your gym lead by Tammy Biggs, Kevin Meizaka, or Beth Gardner; New Multi-Block System from Spieth Anderson, 4 x 8 Rainbow Panel Mat from Norbert's Athletic Products, \$100 Dreamlight Gift Certificate, 7 Pack Vinyl Hook Balance Beams from Carolina Gym Supply Corp, \$300 value of Custom Silk Screening by Marsha's Sportswear, \$200 Gift Certificate by Alpha Factor, Pink warm-up Suit from Rebecca's Mom Leotards, Two \$40 Gift Certificates from Snowflake Designs, Leotards, iClass Pro- Online Business Solution plus Chalk-Jock web site \$1500 & More and much much more!

For those of you unfamiliar with **Casino Knights**, after the banquet/auction we will have slots, craps and blackjack Las Vegas style for your entertainment. No real money exchanges hands for gambling, but it's just all in good fun!

Please check the GAT website www.gatx.org for all up-to-date information on the convention. The schedule will be ready for viewing on the website later in August. Registration will be open from 5:30 pm - 9:00 pm on Friday for packet pickup for those pre-registered attendees. See the registration section for more information.

We look forward to seeing everyone at this years GAT! Thank you all for your continued support!

Cheryl Jarrett, Educational Director
 Vicki Bounds, Convention Coordinator



The GAT BOARD WANTS YOU!

If you or someone you know would like to help serve the GAT membership please consider completing a nomination form and sending it in. We need all the help possible to put on our annual convention. The form is located on our website www.gatx.org under the "Officers" listing and is titled "Board Member Nomination". The current board is always looking for new people and new ideas.



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RETURNING FOR THE 7TH STRAIGHT YEAR IS THE...

ITP – BOYS 1

The Instructor Training Program for Teachers & Coaches of Boys Recreational Classes and Compulsory Teams!

(Beginners up to Level 7 Team Boys!)

ITP-BOYS 1: MISSION STATEMENT: It is the intention of the ITP-Boys 1 to facilitate a positive learning experience to help further educate, motivate, and enable the participants from the program to provide the boys in their gyms' classes and/or teams the opportunity to develop better physically, mentally, socially, and emotionally through their teaching, coaching, and/or coordinating in a more fun, safe, and productive manner. An extension of the above would be that GAT and the ITP-Boys 1 feel that no gymnast, teacher, or coach should ever be turned away from the sport of Men's Gymnastics when they have the desire to have fun and to learn. The ITP-Boys 1 is designed to address the needs of beginning recreational teachers of boys classes up to the experienced compulsory coaches of boys teams. This 12 hour course (2 days) utilizes interactive and practical seminars covering a wide range of topics necessary for effective training of basic to advanced level boys skills. (Lectures, Videos, Active Participation, and Group Work are all included in the ITP-Boys 1). This course is great! Attention Program Directors! Bring or send your female class teachers to come and take the ITP-Boys 1! They will be able to help with your existing boys classes as potential subs, and they will be able to help begin to open up more potential boys classes in your programs!

ITP-BOYS 1 TOPICS &/OR TEXT SECTIONS:

Philosophical Aspects of Teaching Boys, Making Boys Programs Profitable, Boys Fitness (Strength/Flexibility/Endurance), Basic Skills/Terms + Drills/Stations/Progressions (on Floor Exercise, Pommel Horse / Mushroom, Still Rings, Vault (+ Mini-Tramp / Tramp), Parallel Bars, & Horizontal Bar), Hands-On Spotting - All Boys Events (over 2 hours), Interactive Games, Using Gymnastics Components in Cycle Lesson Plans, Organizational Aspects, and Making Gym Fun!!!

AND BACK FOR GAT 2008 WILL BE THE...

ITP – BOYS 2

The Instructor Training Program for Teachers & Coaches of Older and/or Optional Level Team Boys
(Levels 8, 9, & 10 + High School & Some College)

ITP-BOYS 2: MISSION STATEMENT: Similar to ITP-Boys 1 + The ITP-Boys 2 is designed to address the needs of teachers new to teaching older boys in classes and/or coaching optional boys teams, as well as helping those who are veterans including the very experienced coaches of men's teams. Men and Women Teachers, Coaches, Program Coordinators, Gym Owners, and Judges would all benefit from this program. This 12 hour course (2 days) utilizes interactive and practical seminars covering a wide range of topics necessary for effective training of upper level skills and concepts. (Lectures with some videos, live demonstrations, active participation, & more are all included in the ITP-Boys 2). This course is great!!

ITP-BOYS 2 TOPICS &/OR TEXT SECTIONS:

Coaching for Greatness & Mental Toughness in Men's Training; Philosophical / Organizational / Communicational Aspects of Coaching Older Boys; Key Drills in: Floor Exercise, Pommel Horse, Still Rings, Vault, Parallel Bars, & Horizontal Bar; Hands-On Spotting - All Boys Events (over 2 hours); Strength Elements; and Judging for Coaches.

Note: It is not required to have been in the ITP-Boys 1 at a previous GAT convention before signing up for the ITP-Boys 2. The ITP-Boys 1 is held every year at GAT. The ITP-Boys 2 is held every other year (only on the even years).

AND, WE WILL HAVE GENERAL MEN'S SEMINARS COVERING JUDGING, NEW QUADRENNIUM ASPECTS, & MORE!!



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INSTRUCTOR TRAINING PROGRAM FOR GIRLS

Hey Everyone! It's that time again! It's time for THE TEXAS GATHERING! It looks like it's going to be a GREAT GAT this year, with our number of participants already looking strong! GAT is a long honored TEXAS GYMNASTICS TRADITION, and we welcome coaches from other states to come and celebrate with us as well!

It's the OLYMPIC YEAR and we're gearing up for a GREAT GAT 2008! This year, the Instructor Training Program Level 1 (ITP1) will have the same great topics for novice, preschool and recreational coaches, with the addition of three wonderful guest lecturers.

Our Mission Statement

The purpose of the GAT Instructor Training Program is to provide broad-based educational opportunities at an affordable cost to coaches on a local, state and national level.

Utilizing and maintaining a hands-on approach to instruction enables the ITP1 to better equip and educate novice, preschool and recreational level coaches.

Increasing professionalism through implementation of safety-oriented, logical and positive educational experiences and mentoring for each other, the ITP will be the cornerstone for building a stronger gymnastics community

The ITP1 is designed to address the needs of novice and recreational gymnastics coaches.

The 12 hour course, authored by Beth Gardner and Annette Thomas utilizes interactive and practical workshops covering a wide range of topics necessary for effective teaching of basic gymnastics skills. The focus of this lecture series is progressive teaching from the preschool to intermediate level gymnastics student.

ITP1 Topics Include:

- Coaching Etiquette
- Warm-ups
- Class Observation
- Lesson Planning
- Class Management
- Progressions
- Spotting
- Problem Solving
- Games

We are thrilled to announce that our guest speakers for ITP 1 this year will be Patti Komara from Indiana, Quinn Shannon from California, and Randy Parrish from Illinois! They will each be sharing their own topics with our ITP1 coaches and we welcome their added expertise to the course! They are all highly respected coaches and clinicians with many years of experience to share with our coaches!

Space is limited to 60 participants.

We strive to provide one of the best, most concise programs presenting guidelines needed to develop preschool and recreational gymnastics programs. In an effort to maintain the quality of the program, we are limiting the number of participants to 60 for each ITP course. The demand for space has exceeded our allotment each year. So, be sure register for GAT early enough to reserve your spot in the Instructor Training programs! All participants will receive a certificate of completion.

Registration information for the ITP courses is provided on the GAT Registration form. There is an additional cost of \$10 to cover the cost of printing for the books and ITP materials.

Please remember, each ITP is a 12-hour course, running concurrently with GAT. If you choose to participate in the ITP, please expect to spend your full time at GAT in the ITP series.



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Exhibit Hall

A huge variety of products and services that will benefit your gymnastics, cheer, tumbling, or team gym program awaits you in the Exhibit Hall at our 2008 convention.. The awesome vendors listed below stand ready to serve you in any way possible. Stop by during show hours: Friday 6:00-8:00pm, Saturday 8:15-5:30pm and Sunday 8:15-4:00pm.

Alpha Factor
American Athletic Inc.
American Gymnastics Association
AmeriKiDS Gymnastics
Carolina Gym Supply Corp
Dreamlight Activewear
Elite Sportswear
Elite Technology Company
Gateway Sports Source
GetHiroOnline.com
Gibson Gymnastics
GTM Sportswear
Gym Smarts / TRB Design, Inc.
Hasty Awards
Healthy Chocolate by Xocai: Dr. Alan Baribeau
I Class Pro
Little Caesar Pizza Kit Fundraising Program

Mancino Manufacturing Inc.
Marsha's Sportswear
Mona Vie
Norbert's Athletic Products
NRA Gym Supply
Patti Komara's Tumblebear Connection
Pizzazz Photo
PROFESSIONAL ATHLETICS
Rebecca's Mom Leotards
Ross Athletic Supply
S/A Sport / Spieth Anderson USA
Satara Leo Ltd.
Snowflake Designs, Leotards and More!
Team Beach Body
Tumbl Trak
Tumble with Tracy
US Glove Inc.





2008 CONVENTION
Aug. 29 - Sept. 1, 2008
AUSTIN, TEXAS

Reserve Your Hotel Room at the Convention Site
 before **August 10, 2008** by calling
Renaissance Austin Hotel
 (512)343-2626
 Located at 9721 Arboretum Blvd., Austin, TX 78759

Return Registration form & check to:
GAT Convention Registration
 % Georgia Miller
 8233 Montoya Cir.
 Austin, TX 78717

PLEASE PRINT CLEARLY OR TYPE!

How will you pick up your packet at the convention? GROUP INDIVIDUAL LIFE MEMBER Registration
 For GROUP PICKUP, Please make copies of this form for each individual you are registering and mail together with payment.
 Check which one applies:
 Owner Men's Coach Women's Coach Cheer Coach Tumble Coach
 Trampoline Coach Judge Office Staff Other
NEW THIS YEAR – GAT Membership Directory included in the 2008 Convention Program. MUST pay by August 10th to have your information included in program. All registrants will be listed in the online directory. Remember to be accurate, information will appear as received.

Last Name:		First Name:	
Home Address <small>(appears in Directory):</small>		City:	State: Zip:
Home Phone <small>(appears in Directory):</small>		E-Mail Address <small>(appears in Directory):</small>	
Business/School Name <small>(appears in Directory):</small>			
Business Address:		City:	State: Zip:
Business Phone:		FAX #:	

Basic GAT Convention Registration Information

Please check appropriate box(es)

Online Registration & Reminders

- ONLINE ONLY – Early Bird Special price of \$150.00 if purchased between June 1 & July 12 @ 11:59 p.m. CST.
- Credit Card Payments accepted ONLINE ONLY through midnight Tuesday, 8/25/08. Use the Acteva registration link provided at www.gatx.org. This is the easiest way to "group" register your entire gym.
- ONLY Cash or Check will be accepted on-site.
- ALL refunds must be requested in writing, mailed to the GAT address above and postmarked before 8/10/08. Refunds are available less a \$40.00 processing fee. Absolutely No refunds after 8/10/08.

**Question... call Convention Director,
 Vicki Bounds at 512-921-4515**

**NO MAIL-IN REGISTRATION
 POSTMARKED AFTER AUGUST 10th!**

Are you attending the GAT Banquet?

- YES I will be attending the Banquet.
- NO I will NOT be attending the Banquet, please donate my ticket to an athlete.
- UNDECIDED I'm not sure at this time.

<input type="checkbox"/>	"Regular" Convention Registration On-line or Mail-in postmarked before 11:59 PM on 8/10/08. Registration Includes ALL Regular Lectures, Yearly Membership dues, Access to Membership Directory, and Banquet Ticket	\$168.00
<input type="checkbox"/>	"Late" Convention Registration purchased On-line or On-Site after 8/10/08. Registration Includes ALL Regular Lectures, Yearly Membership dues, Access to Membership Directory, and Banquet Ticket	\$188.00
<input type="checkbox"/>	Membership ONLY (If you wish to be a member, but not attend the convention) payment by U.S. Mail only.	\$25.00
<input type="checkbox"/>	Extra Banquet Ticket – All guests, including children, must have ticket.	\$45.00
<input type="checkbox"/>	GAT T-Shirt Please Indicate Size: <input type="checkbox"/> Youth Lg <input type="checkbox"/> Adult SM <input type="checkbox"/> Adult Med <input type="checkbox"/> Adult Lg <input type="checkbox"/> Adult XL <input type="checkbox"/> Adult XXL	\$15.00
SUBTOTAL		
<p align="center">YOU MUST CHECK ONE OF THE BOXES BELOW if you would like to be placed on the Instructor Training Program participant's list. ITP courses are limited and registration must be paid in advance with either this form or online by credit card. You MUST attend the entire 2-day (Saturday & Sunday) ITP course to receive your certificate.</p>		
<input type="checkbox"/>	#101 - ITP I - for teachers/coaches of co-ed recreational.	\$10.00
<input type="checkbox"/>	#301 - ITP-BOYS I - for teachers/coaches of boys recreational classes & compulsory teams (Beginners – Level 7).	\$10.00
<input type="checkbox"/>	#302 - ITP-BOYS II - for teachers/coaches of older &/or optional team boys (Levels 8-10 + High School & College).	\$10.00
<input type="checkbox"/>	HOLD FOR ADDITIONAL COURSES	\$10.00
TOTAL to be paid by check to "Gymnastics Association of Texas"		

OFFICE USE ONLY

	Post Marked	Amount \$	Check #	# In Group