

GAT NEWS

Visit us online at www.gatx.org

Dedicated to the gymnasts of Texas

Summer 2005 Newsletter

"What is GAT?"



GAT is the corporation entitled the Gymnastics Association of Texas.

This corporation is organized exclusively as a professional association. The corporation shall be operated exclusively for the following purposes:

- (1) promoting the organization and development of gymnastics in all aspects of the sport;
- (2) developing enthusiastic public opinion in favor of the sport of gymnastics;
- (3) encouraging participation in the sport of gymnastics;
- (4) encouraging and implementing correct and safe methods of teaching gymnastics skills; and
- (5) promoting clinics and workshops in gymnastics throughout the gymnastics community."

If you have questions contact Vicki Bounds at (512) 921-4515 or gatxconv@aol.com

GAT NEWS Newsletter is an official publication of the Gymnastics Association of Texas. GAT NEWS is published 4 times per year to the membership of GAT.

Regular contributors to GAT NEWS are; James Jeffers (Notes from the Chairperson), Cheryl Jarrett (Notes from Cheryl), Brian Schenk & Darlene Schmidt (Life Member Spotlight), Beth Gardner & Greg Schram (ITP-1 & ITP-Boys notes). All Photographs (unless otherwise noted) by Darlene Schmidt. GAT NEWS layout, design, & editor, George Jackson.



Notes from the Chairman

James Jeffers
GAT Board Chairperson

Dear Members,

The board continues to prepare for a great convention. We are proud of the improvements implemented last year, and are constantly looking for ways to better serve our fellow members. An excellent slate of speakers has been set. The exhibit hall is starting to fill. All indicators point to another successful training event.

Additional help is always welcome during the convention. If you can spare some time to help out during the event please let us know. Georgia Miller, our registration coordinator, has more details here in the newsletter. Even a few hours

can have a positive impact on how smoothly the event is run.

See you in September,

James K. Jeffers

2005 GROUP GYMNASTICS NATIONALS

Please note the following if you are looking for GREAT information on running a TeamGymn competition and/or Performance groups in your gym.

DATE: Saturday, June 11, 2005

WHERE: L.D. Bell Gymnasium, Hurst, Texas (Fort Worth)

TIME: 8:00-10:40am - 1st session;
10:30-1:00pm - 2nd session;
2:00-5:30pm – Part 1 –

TeamGymn Clinic for Coaches and Athletes Presented by the Swedish Top Team

DATE: Sunday, June 12, 2005

WHERE: L.D. Bell Gymnasium. Hurst, Texas (Fort Worth)

TIME: 10:00am Gala showcase
1:00-4:30pm – Part 2 –

TeamGymn Clinic for Coaches and Athletes presented by the Swedish Top Team

For more information you can contact Jodie Trncak – email:

coachjodie@hotmail.com OR

Visit JUAG website:

www.usa-gymnastics.org/gg

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Notes from Cheryl

Cheryl Jarrett
GAT Education Director

Of course we will be working the new compulsories – and we will work on perfecting and teaching them – since you will have the materials in hand.

GAT 05 – is well on the way to being another outstanding learning experience. I wish everyone could spend a day with us in a board meeting and see what a work in progress this is. EVERY single board member is doing their jobs and so passionate about making your experience the BEST.

Now the educational side is bringing some terrific speakers and very interesting topics.

Please note: ITP 2 – will NOT be offered this year – we will spend this year updating with the NEW compulsories and NEW code and then start things up again next year refreshed and renewed.

The speakers are just about complete. We will be giving the list of speakers soon. Thank you to Jodie Trncak for helping with several of the disciplines needed for the lectures.

Please check on line for speakers and a complete list of what is coming your way. I know everyone is busy getting ready for summer. Please make sure you add GAT 05 into the mix. Plan to include your office staff – our NEW ITP- OFFICE is going to fill fast again!

ITP- Instructor Training Program -1 – for Recreational – will be updated and renewed.

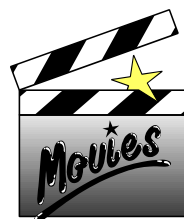
Gymnastics Association of Texas is the BEST deal around.

Hope to see you in Austin –Labor Day at the beautiful Renaissance Hotel.

If you have any ideas or recommendations please don't hesitate to contact me.

May all you your summer classes be FULL and enjoy the "new" ideas coming your way.

Cheryl Jarrett
Director of Education
Clj6@aol.com
www.gatx.org



"MOVIE NIGHT"

FRIDAY NIGHT September 2
9:30pm TO 11:30pm

FREE POPCORN AND SODA
GIANT SCREEN AND LEATHER
SEATS

NAIGC Nationals

(by Darlene Schmidt)

The Texas delegation to the National Association of Intercollegiate Gymnastics Clubs (NAIGC) made their mark in Buffalo, New York on April 14-16 2005.

The University of Texas Women's Team regained their National Team Title. Numerous individuals from Texas qualified for the finals competition. The Texas teams joined forces during the competition, cheering on every Texan as they perform their various routines. It is truly a sight to see.

This year, every gymnast from Texas wore a "We're Texas" t-shirt at the finals competition. These shirts were handed out to the gymnasts at the Texas Gymnastics Conference (TGC) meet held at Texas A&M on April 2nd. Congratulations to the Lady Longhorns on their National victory.



Texans at the 2005 NAIGC Championships



The University of Texas National Champions

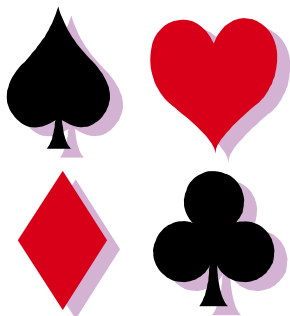
ITP-BOYS 1 IS BACK AGAIN FOR GAT 2005!

ITP-BOYS 2 IS COMING FOR GAT 2006!

(by ITP-Boys 1 & 2 Director Greg Schram)

Attention all you teachers and coaches of boys recreational classes and compulsory teams!!! The Instructor Training Program (ITP) - Boys 1, which covers beginners up to Level 7 boys team is back again this year! For those of you who were in it last year then you already noticed that we had the binder already completely updated for the 2005-2008 Men's Quadrennium of new levels, skills, routines, and more! The information in the binder alone is so incredibly valuable, and you get it free with your registration and participation in the ITP-Boys 1 course! The course is amazing with many great speakers and authors. The specific speakers for this upcoming GAT's ITP-Boys 1 course have not been decided at the time of submitting this article. More news to come. Read on to find out exciting info about ITP-Boys 2!!

I am in the research and development stage of the ITP-Boys 2, which will be designed for teachers and coaches of older and/or optional level team boys – covering Levels 8, 9, & 10 plus some High School and College information. I have had some informal and formal discussions with about 20+ individuals to get a feel for what the direction of the course will be. I recently went to the JO National Championships in Houston to meet and speak with some individuals about their possible involvement in the ITP-Boys 2 who are not from Texas or Region 3. If you know of someone who is interested in helping author and/or speak for this course please send me an email at greg@schram.org, or call me on my cell phone at (214) 415-7614. I have in mind



"TEXAS HOLD 'EM" POKER TOURNAMENT

70 PLAYERS SIGN UP FOR THE TOURNAMENT
EVERYONE ELSE PLAYS FOR FUN
LEARNER'S TABLE AVAILABLE
CASH BAR PROVIDED

PRIZE FOR TOURNAMENT WINNER
RAFFLES FOR EVERYONE ELSE
LOTS OF FUN!

AFTER THE BANQUET
IN BALLROOM (NEXT TO THE BANQUET ROOM)
RIGHT AFTER THE BANQUET

several highly respected coaches, judges, gym owners, etc. whom I would want and others have told me that they would want helping with this program. So, the ball is rolling. At this upcoming GAT 2005 we plan on having an informal discussion during the ITP-Boys 1 course about the future ITP-Boys 2 and possibly a round table open discussion for the general members to voice input on the course. Please understand that due to the number of suggestions for content to be put in the course's binder and the number of requests for speaking/authoring positions that it will not be possible to include everyone, but I will make sure to read all e-mails sent my way and listen to those who voice their opinions. Stay tuned for more exciting news about the ITP-Boys 1 & 2 in future newsletters and on the website at www.gatx.org!



ITP-Boys 1 & 2 Director
-Greg Schram

ITP1 for Preschool and Recreational Coaches

(by Beth Gardner)

Hey Everyone!

GAT is pleased to offer ITP1 for preschool and recreational coaches again this year at our annual Gathering! We are thrilled by the continued response to the program! Each year, we have filled every available spot, and the coaches have shared and learned a great deal through the interactive sessions. It has been a wonderful experience for those of us who have been involved in the program to share in the enthusiasm of so many coaches!

Each year, we not only provide the standard sessions, but we also provide guest speakers. This year, we are pleased to welcome Linda Thorburg as our guest speaker. Linda is not only a USAG National KAT instructor, but she is also a Brevet Judge. Her knowledge of the sport spans everything from early childhood development to elite level competitive gymnastics. She has much to share with our coaches! We look forward to her presentations adding great value to our ITP1!

The ITP 1 is designed to address the needs of preschool and recreational coaches. The 12-hour course utilizes interactive and practical workshops covering a wide range of topics necessary for effective training of basic gymnastics skills. The focus of this lecture series is progressive teaching from the preschool to intermediate level gymnastics student.

TOPICS INCLUDE:

Coaching Etiquette, Warm-ups, Class Observation, Lesson Planning, Class Management, Progressions, Spotting, Problem Solving and Games!

Please register for the GAT ITP early. Spaces are limited, and fill very quickly.

We look forward to seeing YOU at GAT ITP 2005!

Beth Gardner

GAT ITP1 Director

AL GAMBOA NEW GAT DIRECTORY EDITOR

As most of you know I, Greg Schram, am not continuing on as the volunteer GAT Directory Editor due to personal and professional obligations related to family and work. I am going to continue serving as a board member by being the Director of the ITP-Boys 1 & 2 courses and helping as a Liaison between the GAT Board and Kevin Muenz / Men's Program

in getting speakers for GAT's seminars. Al Gamboa, who was recently elected in 2004 to be on the GAT Board, has volunteered to be the new GAT Director Editor. I will be helping out this transitional year as needed. He will be working with each and every type of member (board members, committee members, constituent / co-operating

organizational leaders, life members, speakers, vendors, and advertisers) to ensure that all of your information is up-to-date and accurate in the directory, and then he will pass that on to the webmaster (Convention Coordinator – Vicki Bounds) to make sure it is correct there as well. We need every member to help out by submitting their information accurately, neatly, and on time. More information about the directory and placing ads will come in the next newsletter. If you are a board member, committee member, constituent / co-operating organizational leader, or life member, and you know you have information that needs updating in the GAT directory then please have it ready to send to us. Again, more information will come in the next newsletter. Thanks to you all for your help and support over the years, and thanks to Al Gamboa for taking on this big project!



**2005 CONVENTION
SEPT. 2 - SEPT. 4
AUSTIN, TEXAS**

Reserve Your Hotel Room at the Convention
Site before August 20, 2005 by calling
Renaissance Austin Hotel
(512)343-2626

Return Registration form & check to:
GAT Convention
P.O. Box 203445
Austin, TX 78720-3445

PLEASE PRINT CLEARLY OR TYPE!

How will you pick up your packet at the convention? <input type="checkbox"/> GROUP Registration -or- <input type="checkbox"/> INDIVIDUAL Registration **For GROUP PICKUP, Please make copies of this form for each individual you are registering and mail together with payment.			
Last Name:		First Name:	
Home Address:		City:	State: Zip:
Home Phone:		E-Mail Address:	
Business/School Name:			
Business School Address:		City:	State: Zip:
Business Phone:		FAX #:	

Don't Forget...

- Credit Card Payments accepted online through midnight Friday, August 26th using your Pay Pal account at www.gatx.org.
- **ALL** refunds must be **requested in writing** and postmarked before August 10th to the GAT address above and are available less a \$25.00 processing fee.
- Absolutely **No refunds** after August 10th, 2005.

Question...call Convention Director,
Vicki Bounds at 512-921-4515

**NO MAIL-IN REGISTRATION
POSTMARKED AFTER AUGUST 10th!**

Basic GAT Convention Registration Information

Please check appropriate box(es)

<input type="checkbox"/>	GAT Convention EARLY BIRD SPECIAL (Postmarked on envelope by 7/30/05) Registration Includes ALL Regular Lectures, Yearly Membership, and Banquet	\$125.00
<input type="checkbox"/>	GAT Convention Registration Registration Includes ALL Regular Lectures, Yearly Membership, and Banquet	\$150.00
<input type="checkbox"/>	Membership ONLY (If you wish to be a member, but not attend convention)	\$20.00
<input type="checkbox"/>	Extra Banquet Ticket	\$40.00
<input type="checkbox"/>	Extra GAT Directory	\$5.00
TOTAL TO be paid by check to "Gymnastics Association of Texas"		
YOU MUST CHECK ONE OF THE BOXES BELOW if you would like to be placed on the ITP participant's list. Registration for ITP courses are limited and must be paid in advance with either this form or online by credit card. You must attend the entire 2-day ITP course to receive your certificate.		
<input type="checkbox"/>	Instructor Training Program I - for teachers and coaches of recreational coaching. 2-days, Saturday and Sunday.	No Add'l Charge
<input type="checkbox"/>	ITP Boys - for teachers and coaches of boys recreational classes & compulsory teams. 2-days, Saturday and Sunday.	No Add'l Charge
<input type="checkbox"/>	Front Line Training - for front office staff. Recommend to bring laptop computer. 2-days, Saturday and Sunday.	No Add'l Charge

Each year GAT loses money on unused banquet tickets. Please check one of the boxes below.

- YES I will be attending the Banquet or I'm undecided at this time.
- NO I will NOT be attending the Banquet, please donate my ticket to an athlete.

OFFICE USE ONLY

	Post Marked	Amount \$	Check #	# In Group



Gymnastics Association of Texas

www.gatx.org

P.O. Box 203445

Austin, TX 78720-3445

TO:

First Class Mail

BE SURE TO TAKE ADVANTAGE OF THE EARLY BIRD REGISTRATION RATE OF \$125 BEFORE JULY 30,

GAT 2005 is just around the corner and it looks like it is going to be another great year! Here are just a few reminders:

- 1 Mail-In Registration must be post marked by August 10th.
- 2 Online Registration ends at 11:59 p.m. on August 26th.
- 3 Those paying after July 30th will pay the regular registration rate of \$150.

Participants taking advantage of our Group registration will be able to pick up their packets at the upstairs registration booth at the Renaissance Austin Hotel. Those who have registered as an individual or who are paying on site will need to register at the downstairs booth.

Payment on-site is with cash or checks only...**NO credit cards** will be accepted onsite.

This year GAT will once again be offering our two day Instructor Training Programs: ITP-I, ITP- Boys and ITP Office. Registration for these courses are limited and typically fill up by the first part of August, so be sure to get your registration in as early as possible to help ensure you have a spot.



Our FABULOUS parent volunteers will be able to assist you with your registration packets on Friday from 4 p.m. until 9 p.m. and on Saturday from 7 a.m. until 3 p.m. Be sure to thank these great volunteers for all they do to make GAT so wonderful!

SEE YOU AT GAT 2005!