

# GAT NEWS

Visit us online at [www.gatx.org](http://www.gatx.org)

Dedicated to the gymnasts of Texas

Pre Convention 2006 Newsletter

GAT is just around the corner, so be sure to register NOW so that you don't miss any of the wonderful opportunities planned during GAT's 40<sup>th</sup> Birthday!

There are two methods this year for registering. By using the Online Registration, found at [www.gatx.org](http://www.gatx.org), you will be able to "group" register all of your staff at one time using your credit card payment, saving you both time and money! Or you may choose to mail in your registration with your check or money order as payment. Mail-in registration requires that you complete the attached form for each staff member you are registering.

Registration fees cover all regular lectures at the convention, awards ceremony, exhibit hall entry, plus the banquet Saturday night. There is not an additional fee for ITP Courses, but registration is limited. You must indicate on your registration if you wish to be added to any ITP list. If you make an ITP course, you will either be notified by the director of the ITP course, or your name will be posted online.

This year Life Members will have pre-made packets so they do not need to register, but you may e-mail the Registration Coordinator at [gatxreg@sbcglobal.net](mailto:gatxreg@sbcglobal.net) to confirm your attendance or to notify of any address changes. Packets can be picked up at the downstairs registration booth.

Pre-registration packets may be picked up at the registration booth at the Renaissance Hotel beginning Friday

## 2006 Registration fees are as follows:

ONLINE "Early Bird" Special \$135.00 July 1st – 30 <sup>th</sup> at 11:59 PM	Mail-In and Regular Online Registration \$160.00 Received before August 10 <sup>th</sup> at 11:59 PM	Onsite Registration \$185.00 Any registration received after August 10 <sup>th</sup>
Membership Only \$ 25.00	T-shirts \$15.00 each Purchased Online Only	Additional Banquet Tickets \$40.00 each Required for everyone over the age of one.

afternoon. Only one representative from your gym is required to pick up your group registration packets. A photo ID may be required to release credentials.

Registration booth hours are Friday, September 1 - 5:00 p.m. – 9:00 p.m. and Saturday, September 2 - 8:00 a.m. - 5:00 p.m.

**All attendees must wear their name credentials at all time while attending the GAT Convention. If you loose your credentials during the convention, you will be required to purchase additional credentials at the cost of onsite registration (\$185.00). There will be no exceptions!**

Check [www.gatx.org](http://www.gatx.org) for additional convention information.



See you Labor Day weekend and have a safe trip to Austin!

Georgia Miller  
 Registration Director  
[gatxreg@sbcglobal.net](mailto:gatxreg@sbcglobal.net)

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*Notes from the Chairman*

James Jeffers  
GAT Board Chairperson

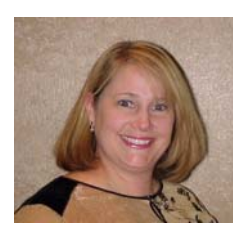
Dear Members,

Convention planning and scheduling is right on track to produce another fantastic training/education weekend this coming Labor Day. In addition to all the fine lecturers, many constituent meetings will be held, and USAG, as usual, will use our site to host some of their best courses. Combine this with access to our exhibit hall full of great companies that provide products and services to aid our businesses, and you have a truly winning combination.

Rest assured we have a few special things planned to help celebrate GAT's 40 years of service. So don't wait a minute longer, get yourself registered. Go online or complete and mail the enclosed form right away. We have great plans for you this year.

See you in September,

James K. Jeffers



*Notes from Cheryl*

Cheryl Jarrett  
GAT Education Director

GAT 06 - On the WAY - 40 Years we are celebrating.

I am excited to tell you about all the things happening at GAT -06. There are so many things happening with new ideas still coming - read the letter and sign up now.

The return of ITP-201 - Instructor Training Program for Competitive Level 2 thru 6 -"How to Coach Girls Team" - this will be headed up by Neil and Patti Resnick along with many other outstanding coaches. This is a complete 12 hour course.

Check the web site for more details about all these program.

Of course ITP-101- Rec Coaching along with Men's ITP and the NEW optional coaching for men.

We will be offering -on Friday -certification - Registration online CLASS is limited!

Sports First Aid - All Age CPR

Safety Course will be offered on Friday night also. ONLY ONE offered this year - so sign up online. KAT and MELDP will be offered on Friday also.

**Continued next page**

"What is GAT?"



GAT is the corporation entitled the Gymnastics Association of Texas.

This corporation is organized exclusively as a professional association. The corporation shall be operated exclusively for the following purposes:

- (1) promoting the organization and development of gymnastics in all aspects of the sport;
- (2) developing enthusiastic public opinion in favor of the sport of gymnastics;
- (3) encouraging participation in the sport of gymnastics;
- (4) encouraging and implementing correct and safe methods of teaching gymnastics skills; and
- (5) promoting clinics and workshops in gymnastics throughout the gymnastics community."

If you have questions contact Vicki Bounds at (512) 921-4515 or [gatxconv@aol.com](mailto:gatxconv@aol.com)

GAT NEWS Newsletter is an official publication of the Gymnastics Association of Texas. GAT NEWS is published 4 times per year to the membership of GAT.

Regular contributors to GAT NEWS are; James Jeffers (Notes from the Chairperson), Cheryl Jarrett (Notes from Cheryl), Brian Schenk & Darlene Schmidt (Life Member Spotlight), Beth Gardner & Greg Schram (ITP-1 & ITP-Boys notes). All Photographs (unless otherwise noted) by Darlene Schmidt. GAT NEWS layout, design, & editor, George Jackson.

### Notes from Cheryl continued

This is only the beginning. GAT has something for everyone. Below is a list of speakers confirmed - and still more on the way. So you can see it will be a GAT -Birthday celebration you won't want to miss.

Registration NOW open. Hotel will fill so NOW is the time to reserve your room.

MORE on the way!! So mark your calanders and come join us for a TEXAS size Birthday as GAT becomes 40 year young and still growing!!

Cheryl Jarrett

Educational Director

## Award Nominations

### ATTENTION GAT MEMBERS:

Please notify the GAT board if you wish to have any nominations for the following awards considered:

**TEXAS GYMNASTICS HERITAGE AWARD:** This award is presented to a person or persons who have contributed to the development of gymnastics in Texas by excellence as a competitor, coach, judge, program director or any other affiliated gymnastics activity in Texas prior to leaving the State of Texas for an extended and distinguished career in the sport elsewhere.

**THE DISTINGUISHED SERVICE AWARD:** Presented annually to a person who has given significant service to the development of gymnastics in Texas.

**SERVICE TO YOUTH AWARD:** Presented annually to persons who have been nominated for their many and varied services to gymnastics in their local area. (For further information, please see the GAT Directory)

Please address nominations to: Jodie Trncak - email: [coachjodie@hotmail.com](mailto:coachjodie@hotmail.com) by July20th plus a short biography of the person nominated.

IN 1966...

### News Headlines

- 1 Apollo Test Launch Kills Chaffe, Grissom, White
- 2 Mini Skirts and Bell Bottoms are the in dress code
- 3 Russia Makes First Soft Moon Landing
- 4 James Meredith is shot on civil rights march
- 5 Supreme Court Rules On Rights Of Accused In Miranda Case
- 6 Sniper In Texas Shoots 45 from Tower
- 7 Long Time Favorite Buster Keaton Dies
- 8 Artificial Pump Is Implanted In Heart
- 9 Stokely Carmichael is elected head of the Student Nonviolent Coordinating Committee
- 10 Walt Disney dies
- 11 Elizabeth Taylor and Richard Burton star in "Who's Afraid Of Virginia Wolf"
- 12 Green Bay Packers under Vince Lombardi win record third straight NFL title
- 13 Jim Brown (Cleveland) retires with a career rushing record of 12,312 yards

AND...

**THE GYMNASTICS ASSOCIATION OF TEXAS IS ESTABLISHED!**

**HAPPY BIRTHDAY GAT!**



# MEN'S PROGRAM

## UPDATE: (PLUS GREG SCHRAM'S FIVE IDEAS)

### THIS IS GOING TO BE ANOTHER GREAT YEAR FOR EDUCATION FOR THE MEN'S PROGRAM!!

This GAT will have many things going on for them including the BRAND NEW ITP-BOYS 2 course set to debut this GAT 2006. (ITP = Instructor Training Program). Remember that the ITP-Boys 2 will focus on training the Teachers/Coaches of the Older &/or Optional Team Boys (Levels 8-10 + High School and some College). Make sure that if you want to be in this course, receive the text binder of incredibly valuable information, and be eligible for the certificate that you sign up for the course on the registration form. This ITP (like any/all of them) is free with your GAT registration!! So be smart and sign yourself and/or your staff up for the ITP-Boys 2 so that you and/or they can learn more advanced training methods for the boys they teach. The ITP-Boys 1 course will be back at GAT as well! It focuses on the Teachers/Coaches of Recreational Boys Classes and Compulsory Teams (Beginners – Level 7s). This is a must for anyone new to teaching boys classes and/or lower level teams. While the ITP-Boys 2 will most likely be only offered every other year at GAT, the ITP-Boys 1 will continue to be offered each and every year at GAT. This will be the 5<sup>th</sup> straight year GAT has the ITP-Boys 1!! (Note: It is not required to have been in the ITP-Boys 1 course at a previous GAT convention before doing the ITP-Boys 2). Keep checking the website for more info about the Men's Program's ITP-Boys 1 & 2 courses, General Lectures, Speakers, Schedules, and more!! See below for five more recommendations (like submitted in the past newsletters) for any boys class teacher and/or team coach to use and/or think about: (These aren't new, but they are very practical).

#### 1: **HANDSTAND WALKING DRILLS:** (FX) **INTERMEDIATE/ADVANCED+ LEVELS**

The boys walk forward on their hands from a predetermined starting point until rolling

over or stepping down. This is done with all the boys going at the same time (spread out on strips on the floor) or one at a time. Naturally the boys try their best to go far, and the competitive ones will try and beat others (even though that is not the main goal). If they are good enough to go to the end of the floor then they turn around and continue forward coming back – repeating this until they come down. They all go again and try to improve from the distances that they first made (which need to be marked). Usually we do this three or four times with rest. Make it more challenging for the older/higher level boys by having them walk backwards, side ways, around objects, over obstacles, and/or have a pit piece between their feet.

#### 2: **MUSCLE UP DRILL: (SR) BEGINNER/INTERMEDIATES+**

This drill is specifically designed to be done on a "Dream Machine" or "Fantasy Rings" set up, which is an overhead pulley system with rings attached. The ropes on the rings

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This will be the 5<sup>th</sup> straight year GAT has the ITP-Boys 1!! (Note: It is not required to have been in the ITP-Boys 1 course at a previous GAT convention before doing the ITP-Boys 2)

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go up through pulleys and down to a belt that attaches to the waist of the boys like a normal spotting belt. Be aware of the rings and belt when putting the belt on because it is possible if letting go prior to attaching the belt that the equipment will get raised up and stuck up high (until you hoist up some little team kid up to get it down). Have a spotting block or some panel mats below and to the side of the boy so that when he hangs on the rings he is not standing on the mats but is just beside them and able to put his feet on when needed. Ok, now for the drill: The boy simply does a pull up (chin up), which is easy for him since he doesn't need to lift his entire body weight. Then with a little

guidance and/or spot he is able to muscle up to a support (even if it isn't perfect technique at first). When coming down from the support position it is good to then hold the boy's hands/wrists to force him to maintain the "false grip" (where his wrists are wrapped over the rings pointing up to the ceiling). This will help him understand how the muscle up is done easier using the false grip when he goes back up because he will feel the pull up turn into a twisting action where the rings turn under the boy's arm pits for the dip and support. He will not need to regrip at all. Have the boy go up and down a few times from the very top to the very bottom (while still maintaining the false grip). Then have him go back and forth between a bent-arm support (dip position) and the bent-arm hang (pull up position) repeatedly. This is one of the best ways to have boys learn how to get past the hard transition part of the muscle up. Add weights and pit pieces to help the boys get stronger and have better form.

#### 3: **SHOULDER OPEN/CLOSE DRILL: (HB) ALL LEVELS**

Have a boy put his hands on a ground bar in an over grip with his feet behind him on a cylindrical shaped mat (like a small barrel, pill shape, or other tube shaped mat). Then have the boy pull forward, which "closes" his shoulder angle, and this helps kips and back up rises mainly. Pushing away from the bar "opens" the shoulders, and this helps casts and free hips mainly. This is a simple drill that can be done very early on. Monitor and teach correct body positions within it so that when it is used as a supplemental station it helps your boys learn their skills faster and with better form.

#### 4: **REST/SIT/STAND STATIONS ARE OK: (FX, PH, SR, VT, PB, HB) ALL LEVELS**

This idea is quite simple, but some people are afraid to have their boys rest, sit, or stand without doing a specific stretch, strength, or other skill. Personally, I use a station with a boy watching/waiting at times when I want him to hear the instructions and see how a new and/or spotted station is done twice. Once while waiting and watching it and then right after that when doing it himself. Besides helping the boys get a chance to understand what is expected of them on the station they are watching, it is also a good place for them to



**2006 CONVENTION**  
**SEPT. 1 - SEPT. 4**  
**AUSTIN, TEXAS**

Reserve Your Hotel Room at the Convention  
 Site before August 20, 2006 by calling  
**Renaissance Austin Hotel**  
 (512)343-2626

Return Registration form & check to:  
**GAT Convention**  
**P.O. Box 203445**  
**Austin, TX 78720-3445**

PLEASE PRINT CLEARLY OR TYPE!

How will you pick up your packet at the convention?  GROUP  INDIVIDUAL or  LIFE MEMBER Registration  
 For GROUP PICKUP, Please make copies of this form for each individual you are registering and mail together with payment.  
 Check which one applies:

Owner       Men's Coach       Women's Coach       Cheer Coach       Tumble Coach  
 Trampoline Coach       Judge       Office Staff       Other

Last Name:		First Name:		
Home Address:		City:	State:	Zip:
Home Phone:		E-Mail Address:		
Business/School Name:				
Business School Address:		City:	State:	Zip:
Business Phone:		FAX #:		

# Remember...

- **ONLINE ONLY** - Early Bird Special price of \$135.00 if purchased before 11:59PM on **7/30/06**.
- Credit Card Payments accepted **ONLINE ONLY** through midnight **Wednesday, 8/30/06** using your Pay Pal account at [www.gatx.org](http://www.gatx.org).
- **ALL** refunds must be requested in writing, mailed to the GAT address above and postmarked before **8/10/06**. Refunds are available less a \$35.00 processing fee.
- Absolutely **No refunds** after **8/10/06**.

Question...call Convention Director,  
 Vicki Bounds at 512-921-4515

**NO MAIL-IN REGISTRATION  
 POSTMARKED AFTER AUGUST 10<sup>th</sup>!**

## Basic GAT Convention Registration Information

Please check appropriate box(es)

<input type="checkbox"/>	<b>GAT Convention Registration.</b> Registration Includes ALL Regular Lectures, Yearly Membership, Directory and Banquet if purchased or postmarked before 11:59 PM on 8/10/06.	<b>\$160.00</b>
<input type="checkbox"/>	<b>GAT ON-LINE &amp; ON-SITE Convention Registration.</b> Registration Includes ALL Regular Lectures, Yearly Membership, Directory and Banquet if purchased ON-LINE or ON-SITE after 8/10/06.	<b>\$185.00</b>
<input type="checkbox"/>	<b>Membership ONLY</b> (If you wish to be a member, but not attend convention).	<b>\$25.00</b>
<input type="checkbox"/>	<b>Extra Banquet Ticket</b> - All guests, including children, must have ticket.	<b>\$40.00</b>
<input type="checkbox"/>	<b>Extra GAT Directory</b>	<b>\$5.00</b>
<input type="checkbox"/>	<b>GAT 40<sup>th</sup> Anniversary T-Shirt</b> Please Indicate Size Ordered: <input type="checkbox"/> Youth Lg <input type="checkbox"/> Adult SM <input type="checkbox"/> Adult Med <input type="checkbox"/> Adult Lg <input type="checkbox"/> Adult XL <input type="checkbox"/> Adult XXL	<b>\$15.00</b>
<b>TOTAL to be paid by check to "Gymnastics Association of Texas"</b>		
<p><b>YOU MUST CHECK ONE OF THE BOXES BELOW!</b> If you would like to be placed on the Instructor Training Program participant's list. ITP courses are limited and registration must be paid in advance with either this form or online by credit card. You MUST attend the entire 2-day ITP course to receive your certificate.</p>		
<input type="checkbox"/>	<b>#101 - ITP I</b> - for teachers /coaches of co-ed recreational. 2-days, Saturday and Sunday.	No Add'l Charge
<input type="checkbox"/>	<b>#201 - GIRLS ITP II</b> - for teachers/coaches of girls Team Beginner - Level 6	No Add'l Charge
<input type="checkbox"/>	<b>#301 - ITP-BOYS I</b> - for teachers/coaches of boys recreational classes & compulsory teams (Beginners - Level 7). 2-days, Saturday & Sunday.	No Add'l Charge
<input type="checkbox"/>	<b>#302 - ITP-BOYS II</b> - for teachers/coaches of older &/or optional team boys (Levels 8-10 + High School & College). 2-days, Saturday & Sunday.	No Add'l Charge

### Are you attending the GAT 40<sup>th</sup> Anniversary Banquet?

- YES** I will be attending the Banquet or I'm undecided at this time.
- NO** I will NOT be attending the Banquet, please donate my ticket to an athlete.

OFFICE USE ONLY

	Post Marked	Amount \$	Check #	# In Group

Don't forget to fold, secure, place stamp, & return address!



Don't forget  
postage!  
Place stamp  
HERE!

**TO: Gymnastics Association of Texas**  
**P.O. Box 203445**  
**Austin, TX 78720-3445**

chalk up on apparatus type events, which makes it time effective as well.

## 5: END THINGS WELL: ALL LEVELS

This is another generic guide for teaching. Basically, end the class well. Whether things were good or bad in the performances and/or behaviors of the kids, and regardless of any mistakes made by you or others, just remember to have them going home happy. Bring closure to the day by explaining the awesome activities they did, and let them know about the cool things to come next time. Give them their stamps, goodies, and/or other handouts + maybe a big hug or high five and make sure to see them hook up with their parents/rides. (Have a policy for where they wait when rides are late). Thanks and Take care!



### -Greg Schram

GAT Men's Program Coordinator  
ITP-Boys 1 & 2 Director, Co-Author, Co-Speaker  
(214) 415-7614 (cell / voice mail)  
greg@schram.org (email)  
<http://www.schram.org/greg> (Greg's website) or  
[http://www.gatx.org/men\\_coordinator](http://www.gatx.org/men_coordinator)  
(GAT's - Men's Program Coordinator page)  
<http://www.gatx.org/itp-boys-1> (GAT's - ITP-Boys 1 Website page)  
<http://www.gatx.org/itp-boys-2> (GAT's - ITP-Boys 2 Website page)

## Life Member Spotlight

(Excerpted from "A Life of Gymnastics" The collected biographies of the Honorary Life Members of the Gymnastics Association of Texas by Brian Schenk)

### LIFE MEMBER BIOGRAPHY - DR W A "Bill" CRENSHAW



One of the most important things in the life of young Bill Crenshaw, growing up in Dallas, were his classes in tumbling and acrobatics at the Downtown Dallas YMCA. His first coach, James Parker, was a demanding Englishman, a former professional circus performer. Beginning his training in 1932, by 1935 Crenshaw, at 17, was starring in the AAU circus conducted at Fort Worth in the old Public School Field House. He learned balancing stunts, teeter-board acrobatics, slack wire and other tumbling and acrobatic skills.

Bill became a student at the University of Texas in 1936 and soon afterwards was an instructor in tumbling and gymnastics for the physical education department. He met his wife Bee Cain, while they were students at the University. They were married in 1942 after Bee's 1941 graduation. Bill continued teaching at the University after World War II beginning the hard work of creating a men's gymnastics team without athletic department funds.

The Crenshaws opened the first private gymnastics club in Texas in 1951, using an old Quonset hut near the University. Bee taught most of the classes, and Bill

helped out after he finished his University duties. The business grew and in 1953 they purchased property at 1314 West 42d Street on the near northwest side of Austin. Crenshaw Athletic Club operated at that location for the next twenty five years.

The University team first entered competition in 1948. Emil Milan, Jerry Milan, Darrell Williams, Gerald Bartosch and Otis Budd were all part of the UT men's program. Bill finished a Doctorate in 1963 and began to "wind down" the UT program. A new coach, Jammie Ashmore, took over the program, and Bill and Bee concentrated on the gym and their lakeside summer camp, opened in 1956.

We remember Bill Crenshaw best for his work at Crenshaw Athletic Club. Bill and Bee were great coaches and produced many great athletes. They created the South Texas Open in 1954, which soon became one of the two great Texas gymnastics meets in the 1950s and 1960s. Crenshaw kids tended to dominate the South Texas meet, but they were really, really good athletes, thoroughly trained, highly disciplined, well-drilled. Strong competition always existed between Crenshaws and Dallas Athletic Club, the Mavericks of Amarillo, and Nard's Trampoline School of Amarillo in the 1960s. An entire ten-page chapter about the Crenshaws is included in Brian Schenk's book, Texas Gymnastics: The Faces, the Places.

By the 1970s, the private gymnastics club movement was booming. Bill and Bee were founders of the PGCT league, and Bill was active in the formation of the United States Association of Independent Gymnastics Clubs in 1974, serving as its first President. He was also elected a Vice President of the USGF in 1975-76. Bill was the first Texan to be elected an Honorary Life Member of the GAT in 1968. We owe them both a debt of gratitude for the model of coaching they provided and for the pioneer work they did as Texas' first successful gym-business-people. They created a "genre", enjoyed enormous success, then sold the club in 1977 and retired "to smell the roses". Texas did not forget them, for Bee was elected a GAT Life Member in 1987, and Bill was presented the national Frank Cumiskey Service Award by the USGF in 1992.

**ADVERTISE IN OUR EVENT PROGRAM**

<u>Size Dimension</u>	<u>Ad Rates</u>
Back Cover (color) 8"x 10.5"	\$700
Front Inside Cover 8"x 10.5"	\$500
Back Inside Cover 8"x 10.5"	\$500
Full Page 8"x 10.5"	\$400
Half Page 8"x 5.25" or 4"x10.5"	\$300
One Fourth Page 4"x 5.25"	\$175

Send payment and camera ready artwork to:

Vicki Bounds

1906 Shadowbrook Circle

Round Rock, TX 78681

Files may also be sent via email to: [gatxconv@aol.com](mailto:gatxconv@aol.com)

Payment and artwork must be received by July 15st

Advertisers there will be no flyers in packets this year. The only way to get your news out this year at GAT is to advertise in our event program!

Check the website often for all convention details. Schedule will be posted late August. **PLAN AHEAD!** Register for CPR & First Aid now! Online registration to begin July 1. Make hotel reservations soon to be sure you get the special GAT price!

**Expect a Texas Size Birthday Celebration for GAT's 40th!**



## **Safety Certification**

**Friday, September. 1**  
**6:30pm - 10:30 pm**

See USAG link below for registration information.

<http://www.usa-gymnastics.org/safety-and-education/safety-schedule.html>

**Also! New Sports First Aid and CPR register online NOW!**

Space is limited.

## **GAT 2006 SPEAKER'S LIST**

Chris Burdette - Women's Bars, Training techniques  
Tom Burgdorf - GYMNET Sports - Staff, Directors, Class Programs  
Diane Callison -Women's Judges  
Judy Cline- Trampoline, Twisting, Tumbling Specialist  
Donna Culp - Women's get the most out of Artistry  
Cheryl Cupples - Women's- Hands on Spotting  
Judy Dobransky -Women's Judges  
Gil Elsass - Boys ITP  
Tim Erwin - Boys ITP  
Jan Eyman - Safety, ITP 201  
Bill Foster - Boys ITP  
Kim Fuchs - Women's Beam, Tumbling, Routines  
Beth Gardner - ITP I, pre-school  
Patty Hannon - Play Wisely - NEW program for birth to 3 years  
Don Houlton - Women's - Bars, conditioning and more  
Bryan Kiser - Men's  
Tom Meadows - Boys ITP  
Jeff Metzger - Business  
Penny Metzger - Profits that work  
Hideo Mizoguch - Boys ITP  
Kevin Muenz - Boys ITP  
Julie Ortman - Cutting Edge Conditioning  
Robin Pearson-Ideas for recreational  
Garland Quinn - basics from his online college course  
Neil Resnick - ITP 201 and more  
Patti Resnick - ITP 201  
Tony Retrosi, Women's Bars, Vault, Tumbling and more  
Cori Rizzo, Women's Judges  
Angela Russ - Preschool  
Greg Schram - Boys ITP  
Jason Selk - Boys ITP  
Sean Sims - Boys ITP  
Mike Stanner - Sports Acro  
Bret Stout - Boys ITP  
John Stout - Boys ITP  
Annette Thomas - ITP I and business  
Jodie Trncak - Team Gym

**MORE on the way!! So mark your calender and come join us for a TEXAS size Birthday as  
GAT becomes 40 years young and still growing!!**



Gymnastics Association of Texas

[www.gatx.org](http://www.gatx.org)

P.O. Box 203445

Austin, TX 78720-3445

TO:

## First Class Mail

Thank you to the following vendors who have already confirmed booths at GAT '06.

Marsha's Sportswear

Satara Leo Ltd.

Norbert's Athletic Products

Vaughn Software Services

S/A Sport / Spieth Anderson USA

Alpha Factor

Hasty Awards

Elite Sportswear

Dreamlight Activewear

USSSA Gymnastics

Rebecca's Mom Leotards

Dollamur Inc.

Tumbl Trak

Gym Smarts / TRB Design, Inc.

PROFESSIONAL ATHLETICS

**MAKE SURE TO VISIT THEM AT GAT '06!**